

"How to Forgive Yourself" - 1 John 1:6-10

Many of us still feel guilty about choices we made years ago. The Devil wants to keep us bound by our past. GOD wants us to be FREE from our past.

How Forgiveness Works in Our Relationship with God:

When we receive Christ as our Savior: (a _____ we make)

1. We become a _____ of God. **John 1:12**
2. We gain _____ with God. (justification) **Rom. 5:1**
3. Our sins are forgiven (in _____ to salvation) **Rom 8:1**
4. We gradually live a _____ life (sanctification) as the Holy Spirit cleans us up. **1 Cor. 6:9-11**
5. But sin (selfishness) is never totally _____ from us in this life. **Rom. 7:1**
6. With my new relationship with Christ I have a _____:
Galatians 2:20
 - I'm not a sinner who occasionally does _____.
 - I'm a saint who occasionally does _____.

1 John 1:6-10

V.6 – He wants _____ (friendship) with us.
Walking in darkness (sin) is _____ to us and destroys our fellowship with Him.

V.7 – the Blood of Jesus cleanses us from _____.

V.8 – the _____ to do evil is ever with us.

V.9 - HIS Promise

- If we _____ (agree with Him) our (_____) sins,
- He is _____ and _____. (WHO He is)
- To forgive our sins
- To actually _____ us on the inside from ALL unrighteousness.

v.10 – Remember: all relationships are built on _____.

STEPS to Burying the Past:

1. It's not easy to get through life without getting _____ up by sin. - Called: doing _____ things. **"ALL" Rom. 3:23**
 - _____ lied. **Gen. 20**
 - _____ murdered a man **Exodus 2**
 - _____ committed adultery. **2 Sam. 11**

- _____ betrayed Jesus **Luke 22:55-61**
 - _____ (Saul) persecuted the church. **Acts 7:58, 8:3, 9:9**
2. GOD _____ and _____ our sin as Christians as we confess them to Him.
Hebrews 10:17, 8:12, Jer. 31:34, Is. 43:25, Ps. 103:12
 3. The Devil will _____ you about your past if you let him.
Rev. 12:10 – the Accuser ... night & day
 4. Don't let a past failure _____ you for life. Let God define you !
2 Cor. 5:17 – a new creation ... old things passed
 5. You will still have _____ (reminders) from your past. But let God give them new _____. **1 Cor. 15:9-10**
 6. _____ from your past, but _____ by spending the rest of your life walking in integrity and obeying the Lord.

Lets Forgive Ourselves NOW: (maybe GOD, too)

1. List those things I still feel _____ about.
2. _____ HIM to forgive you.
3. Write the verse 1 John 1:9 _____ the _____.
4. _____ or _____ the list in acknowledgement of GOD forgiving you.
5. Whenever Satan throws it up to you, tell him, "Yes, that's what I used to be. But Praise God, that's _____."
1 Cor. 6:9-11 – such "were" some of you