

"Five Things a Man Needs from His Wife"

Learning to care for you spouse takes education and effort. Most of us have had little training and poor role models. Dr. Willard Harley in his book, "**His Needs, Her Needs**" (and from thousands of interviews), shows what all husbands tend to need from their wives.

* A most important truth about relationships is that everyone has a

- _____.
1. You have different _____ for everyone you know.
 2. Each person either makes _____ or _____ each time we interact with them.
 3. _____ interactions create deposits. _____ encounters cause withdrawals.
 4. If a spouse's emotional needs go unmet over time, then you end up with a marital _____.

The things a husband needs to maintain emotional health are:

I. He needs his wife to be _____ of him.

Ephesians 5:33 "*the wife must see to it that she _____ her husband.*"

1. A man _____ on admiration and appreciation. He dies without it.
2. _____ your mouth to only speak wholesome, uplifting words.
Ephesians 4:29 – "good for edification"
3. Its not your job to _____ him. Let God do it.
1 Peter 3:1-6 – "without a word"
4. He doesn't need a _____. He needs a cheerleader to _____ him up.

II. He needs _____ fulfillment from his wife.

1. The typical wife doesn't understand her husband's _____ for sex any more than the typical husband understands his wife's deep need for _____. **Proverbs 5:15-19**
2. At the altar a man promised to be his wife's _____ sexual partner. He makes this commitment because he trusts her to be sexually _____ and _____ to meet his sexual needs.
3. When a man finds his wife to be _____; or willing to simply endure it, this leaves the husband unfulfilled and _____.
4. The Marital Golden Rule is "_____ our spouse's needs as you would want your spouse to meet yours." **Luke 6:31**

For further study:

"Intended for Pleasure" - Ed & Gaye Wheat

"The Gift of Sex" – Clifford & Joyce Penner

III. He needs his wife to be his _____.

1. Husbands want their wives to be their _____ companions.
2. One of the best ways to make steady deposits into each other's Love Banks is by having _____.
3. Therefore choose recreational activities that both you and your spouse _____ together.
4. By doing this, your spouse can become your _____.

"One Flesh" - Genesis 2:24

IV. He needs his wife to be _____.

1. The physical attractiveness of his wife is _____ to a husband.
2. By taking care of your body, you _____ of your husband.
3. Does that mean a woman must stay eternally young? _____
- But aging naturally is not an excuse for putting on _____, getting out of _____, and dressing like a _____.
4. Things to watch for:
 - A. _____ a good weight.
 - B. Use _____ to your advantage.
 - C. Get a _____ he likes.
 - D. Use clothing to _____ your husband.
5. People can be attractive in _____ ways. But a wife who cares for herself, _____ for her husband.

Song of Solomon 7 – "the King is Captivated"

V. He needs _____ in his home.

1. Domestic bliss is every man's _____.
2. _____ stress at work and home is a recipe for disaster.
3. Stressors include : _____, both spouses working, _____, busyness, _____, chores, exhaustion, _____.
4. Studies have shown when children are small, marriages are more successful when mothers work _____ hours or less.
5. Find a _____. A family's emotional health depends on it.

Hebrews 4:9 "there remains a Sabbath rest for the people of God"